## ADTA American Dental Therapy Association

## **Mentor Guidelines**

This mentorship program is designed to provide guidance, support, insights, and professional development opportunities for dental therapy students. Oral health professionals will share their experiences and knowledge to students to help them further their career.

## **Roles and responsibilities**

- Mentors will provide guidance, perspective, and knowledge based on their experiences as a dental therapist/dental professional
- Mentors will help mentees set specific goals for academic, personal, and professional development
- Staff will send resources to mentors to send over to mentees
- Mentees will be attentive and actively engaged in the mentoring process, responsive to emails, attending meetings and check ins, etc.
- Mentors should dedicate about 1-2 hours a month formally meeting and communicating with their mentee
- Attend one Mentor Information session

## **Meeting/Communication Guidelines**

- Meetings should be scheduled regularly, at least once a month, and can be adjusted based on mutual availability
- Contact should be made within the first two weeks of being selected as a mentor
- Mentees and mentors should be in contact at least twice per month
- Mentees are recommended to come up with specific questions or topics of discussion
- Meetings can be via phone, virtual meeting, text, emails, preferred communication
- Mentors and mentees must complete evaluations and feedback form that is given every 3 months and 12 months
- Program participants will receive an annual rubric outlining the Mentor/Mentee Discussion Points & Activities. Your assigned mentee will utilize this template to initiate meaningful conversations in which you can share your knowledge, experience, and expertise